



BERKSHIRE ATHLETICS

www.berkshireathletics.org.uk

BERKSHIRE ATHLETICS TRACK & FIELD CHAMPIONSHIPS 2025 **(UNDER UKA RULES)**

Thank you for entering the above meeting. Please read and note all of the following.

1. There will be no late entries or changing of events after the closing date.
2. Competitors must register 45 minutes before their first event each day.
If you are competing on both days you must register on both days. Failure to do so will mean you may not be able to compete. Please keep your numbers and pins for both day. Registration will be in the Bracknell AC Clubhouse.
3. No guests are allowed in any event.
4. Medals will be awarded to the first three in each event. Presentations of medals will take place as soon as possible after each event.
5. If one competitor is present at an event it will be held
6. In Field events (except High Jump and Pole Vault) each competitor will be allowed three trials with a further three trials for the best six athletes.
7. In there are insufficient competitors for heats, a final will be held at the time scheduled for the heats.
8. Qualification from Heats to Final
Qualifies to Finals will be announced and displayed on the notice board at the back of the stand.

75m, 100m & sprint hurdles:

2 heats: First 3 from each heat plus 2 fastest losers to Final.

3 heats: First 2 from each heat plus 2 fastest losers to Final.

150m, 200m, 300m, 400m, 300mh & 400mh hurdles

2 heats: First 2 in each heat plus 2 fastest losers to Final.

3 heats: First in each heat plus 2 fastest losers to Final.

Due to low number of officials 800m will be run off the curve start line with a maximum of 10 athletes

2 heats: First 3 in each heat plus 4 fastest losers to Final.

U13s can only run 1 race of 600m and above in one day and U15s only 1 race of 800m and above. If 2 or more races are required because of high number of competitors medals will be decided on the 3 fastest times overall.



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9. If you qualify from a heat to final and withdraw from that final you must inform the Track Referee. You will not be able to compete in further events including Field Events
10. Numbers must be worn front and back in all events except in jumping events, where one number may be worn on the front of the torso or back.
11. All athletes **MUST** wear first claim affiliated Club, School, County, Territorial or National vest.
12. Athletes must report to their events as follows:
 - Track: 10 minutes before the start of event.
 - Field: 15 Minutes before the start of event.
 - No warm up throws or jumps must be taken without their being an event official present.
13. For safety reasons the use of personal electronic equipment is banned from the competition areas and mobile phones **MUST** be switched off. The competition area is within the fencing around the track.
14. There are no stadium blocks. Personal blocks may used.
15. Only officials, competitors and stadium staff are allowed in the competition area.
16. Kate Sillett of Bracknell AC will be in attendance each day to deal with any welfare issues that might arise.
17. Please note the following UKA Rule:
 - TR7 S2 UKA Supplement Misconduct (Spitting)
 - Spitting (or similar) in warm up, call room, competition or any other public area may be regarded as acting in an unsporting or improper manner and treated as a conduct offence and will be dealt with by a warning disqualification (yellow card and/or red card offence.)
 - The Event Referee will determine whether a yellow or red card is shown.
 - This determination may apply a red card where spitting directly towards an individual or persistent spitting but a yellow for less serious offences. Athletes should be aware that different interpretations may apply from event to event. Warnings or disqualifications under this rule cannot be appealed as the Referee's decision is final (Rule TR8 S1(2)(iii))



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18. Car Parking

Car parking is limited at the Clubhouse and if full when you arrive you are requested to park in the main Leisure Centre car park. The entrance to which is on Bagshot Road.

You must not park outside the marked parking bays.

NSL Parking Enforcement Officers will be visiting the Sports Centre & Track car parks at various times.

Penalty charge notices will be issued, these will have a financial penalty and will be issued for:

- Parking out of bay (over the white lines)
- Parking on double yellow lines
- Parking in a disabled bay without displaying a valid badge
- Parking in a keep clear area or coaches only bay

Neither the Berkshire Athletics Committee or staff or the Sports Centre, can cancel any parking fines, you would need to appeal by following the procedures laid out on the issued parking ticket.

19. U17m 700g Javelin

On 1 April the new specification for the 700g javelin came into force under World Athletics Rules (TR38.10). However, there have been reports of worldwide shortages of the new specification implements.

As a consequence, World Athletics have announced a seven month period of grace where competition providers may use implements of both the old and new specifications. This will run over this season's outdoor track and field season and is intended to allow the supply issues to be resolved.

The UKA Rules Advisory Group's position is that the sport in the UK should adhere to the WA ruling. However, we also remind you of rule G2 S4 (6) which permits a competition provider to apply additional rules and conditions to those required in UKA rules but must not relax any rules. Therefore, whilst a competition provider is permitted to use the old and new specification 700g javelins; they may wish to use exclusively either the old or the new specifications for their competition. This will have the effect of all athletes competing on a level playing field. Advance notice should be given to competitors if the provider intends to utilise this rule in the event of an athlete choosing to bring their own javelin to a competition.

So that athletes are competing on a level playing field at these Championships the old specification javelin will be used.

We look forward to seeing you on the day.

All enquiries should be sent to me at: berkshiretandf@gmail.com

Malcolm Charlish,
Track & Field Championship Secretary
Berkshire Athletics

THE ATHLETIC ASSOCIATION FOR THE ROYAL COUNTY OF BERKSHIRE
President: Ms Jill Wright
Promoting Athletics in the Royal County of Berkshire