

Berkshire County Championships
Thames Valley Athletics Centre, Pococks Lane, Eton. SL4 6HN
31st July and 1st August 2021

Risk Assessment: UK Government Guidance (England) Roadmap Step 4.

Date:	Assessed by:	Location :	Review :
22 nd July 2021	David Noble, Berkshire Athletics.	Thames Valley Athletics Centre	FINAL (a)

What are the Hazards?	Who might be harmed	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom
Symptoms of COVID-19	ALL. (competitors / officials / spectators / staff)	All informed in advance DO NOT ATTEND	HIGH	Deny entry to the event.	LOW	TVAC/EM COVID COORDINATOR
Spread of COVID-19 coronavirus Handwashing and masks.	ALL (competitors / officials / spectators)	<ul style="list-style-type: none"> HANDWASHING Everyone to bring own hand gel and masks. Hand gel will be available at appropriate locations – entrance / at events (field & start lines) for competitors and officials. 	MEDIUM	<ul style="list-style-type: none"> All informed in advance to bring own hand gel and masks. Masks are recommended to be worn in internal areas and at crowded areas. Provide hand gel at locations stated - All field events, starting line of track events*. *varied locations 	L	All

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Exposure of athletes, officials to COVID-19 symptoms due to locations used or sheer negligence or someone else	Competitors and officials	<ul style="list-style-type: none"> Track and field area (inside and including the running track) will be sole use for events. Only officials, stadium staff and athletes taking part in an event should be within the track and field competition area. 	L	<ul style="list-style-type: none"> Monitored by officials generally. Also see further measures. 	L	EM/officials
Spread of COVID-19 coronavirus Toilets	ALL (competitors / officials / spectators)	<p>Ground Floor Stadium Toilets available on site, with directions to access - Advised to wear masks when in indoor areas.</p> <p>TVAC regular cleaning.</p>	L	<ul style="list-style-type: none"> All told in advance of limited facilities Avoid where possible touching objects, surfaces, barriers and railings. Advance notice sent to all competitors to remind what is expected. Access to toilets in the stadium signposted. 	L	All
Spread of COVID-19 coronavirus The grounds and Stadium	ALL (competitors / officials / spectators)	<ul style="list-style-type: none"> No access to the interior rooms of the stadium (except for designated toilets – see above). Stadium open air seating now available, users to remain within their “bubble” where possible. Maintain social distancing where possible (one metre,). 	L	Signage to show route to stadium seating, toilets and access to the grassy area.	L	All

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Spread of COVID-19 coronavirus Stadium	Officials	Limited access to the first floor toilets for OFFICIALS ONLY (to side of announcer's box and next to spiral staircase).	L	'No Entry' signs on stadium door access to first floor toilets	L	officials
Spread of COVID-19 coronavirus EA rules	ALL (Competitors/Coaches/Officials)	Athletes can use own equipment. Do not share equipment unless agreed by officials in charge of events. • TVAC will clean spray stadium seating after Saturday ready for Sunday events.	L	<ul style="list-style-type: none"> • See below in RA (officials & competitors) • Frequent cleaning of equipment. Adhere to any signage displayed. 	L	ALL and event organisers /timetable
Travel to Venue and access to the track. Car parking.	ALL	No restrictions but advised to remain in their "bubble" and use QR code , available at track entry point.	L	Pre-event advice to be sent out.	L	All
Parent/Guardian (for U18's)	Competitors/coaches/parents/guardians	Parent/Guardian are to be on site at all times.	L	<ul style="list-style-type: none"> • Advised parents that if they suspect their child has any symptoms of an illness then they must not attend this event. 	L	U18, parents and guardians
First Aid	ALL Competitors/Coaches/officials/parents & Guardians	First aid cover will be provided – for competitors/officials. Guidelines/waivers covers covid and emergencies	L	First aid cover provided.	L	All Events Manager (EM)

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First Aid Risk of runners spitting or sweating on others or blowing their nose.	ALL competitors	No spitting (UKA rule), keep social distance apart to avoid sweat touching – nose blowing use tissues and put back in bag.	L	Warning given by official and if repeated disqualification from that event.	L	All
First Aid Risk of bleeding injury/blister	ALL competitors	All competitors advised to bring own basic first aid and Covid-19 PPE (masks and gel).	L	First aid cover see above	L	All
Sharing of stadium equipment	ALL Competitors, officials and staff	<ul style="list-style-type: none"> Where stadium barriers, starting blocks and hurdles are used then these will be wiped down afterwards and only touched by TVAC staff and officials. Cleaned before reuse. 	L	TVAC staff and officials	L	All
Acceptance of racing procedures and conduct, health risks etc	Competitors	<ul style="list-style-type: none"> Everyone who has been invited to attend this event <u>MAY ONLY ATTEND</u> if they agree to and accept the rules. Athletes are also advised that they cannot attend unless they are Covid-19 free. Athletes who are vulnerable should inform the Events Manager (EM) and parents/guardians are aware that they attend at their own risk. 	L	QR code scan, available at entry. Everyone to be sent an email saying that by attending this event they have read all the rules and agree to abide by them.	L	All

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Vulnerable groups	Elderly, disabled, pregnant, those with existing underlying health conditions	See handwashing guidance. Gel sanitisers at all toilets, for use by public; at events, for athletes and officials. Frequent cleaning of equipment and surfaces. Planned timetable of events with aim to minimise the risk of athletes interacting with or impacting on social distancing.	L	Limit close contact with people you do not normally meet. Stay in your 'bubble'.	L	All.
TECHNICAL REQUIREMENTS : Water Jump	Athletes - Injuries from slipping/tripping	1. Ensure water jump is full, i.e. water is level with track surface and free from debris. 2. Must not be used other than the competition event. 3. Regularly inspect lining material to bottom of water jump for splits, bubbles etc and repair any defects (DSE Leisure) 4. Check barrier top rail for secure fixings and that surfaces are not damaged so as not to cause injury. (DSE Leisure) 5. Check uprights of barrier in ground for secure fixing (particularly check adjustable barriers for correct and secure fixing of pins). TVAC staff and officials check if changed heights).	MEDIUM	Final inspection just prior to race by track officials	L	Venue / EM

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<p>TECHNICAL REQUIREMENTS :</p> <p>Water Jump Barriers (Fixed & portable) Injury from defective structures and from incorrect handling/lifting.</p>	<p>Athletes – injury from falling, tripping</p>	<p>1. Check barrier top rail for secure fixings and that surfaces are not damaged so as to cause injury and check uprights of barrier in ground for secure fixing (particularly check adjustable barriers for correct and secure fixing of adjusting pins). (DSE Leisure & officials if changing heights)</p> <p>2. Carry out manual handling safe practice when placing barriers in position on track and on removing them when event is concluded. (DSE Leisure & officials if moving barriers)</p>	<p>M</p>	<p>Final inspection just prior to race by track officials</p>	<p>L</p>	<p>Venue / EM</p>
<p>TECHNICAL REQUIREMENTS :</p> <p>Hurdles- injury from colliding with hurdles</p>	<p>Athletes – injury from falling, tripping</p>	<p>1. Hurdles shall be used in the correct direction and in the appropriate manner.</p> <p>2. Where competition hurdles are used the mechanisms for fixing the hurdles (a) at the required height (b) and for positioning the counterbalance weight, should be lubricated and well maintained. (DSE leisure)</p> <p>3. Damaged hurdles must be replaced. (DSE Leisure)</p> <p>4. Ensure adequate maintenance and regular inspection. (DSE leisure)</p> <p>5. They must be set at a height appropriate to the age and ability of the athletes, (event officials).</p>	<p>M</p>	<p>Final inspection just prior to race by track officials</p>	<p>L</p>	<p>Venue/officials</p>

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TECHNICAL REQUIREMENTS : Discus/Hammer cage	Athletes and officials – injury from flying equipment	Competitors can use their own equipment. Do not share equipment unless agreed by officials in charge of events. Check cage, circle and areas round cage prior to the event. Ensure damaged areas of the cage are repaired prior to the event.	M	Final inspection just prior to event by field officials	L	Venue/officials
TECHNICAL REQUIREMENTS : High Jump	Athletes from falling, slipping	Check equipment is fit for purpose and correctly set up.	M	Final inspection just prior to event by field officials	L	Venue/officials
TECHNICAL REQUIREMENTS : Pole Vault	Athletes from falling, slipping	Competitors can use their own equipment. Do not share equipment unless agreed by officials in charge of events. Check equipment is fit for purpose and correctly set up. Ancillary equipment eg, brushes, tapes restrict the use to one official, (OPTIONAL wearing latex gloves).	M	Final inspection just prior to event by field officials	L	Venue/officials
TECHNICAL REQUIREMENTS : Long Jump/Triple Jump	Athletes from tripping, slipping	Rake sand pits after each athlete has used the pit. Ancillary equipment eg rakes, brushes, tapes restrict the use to one/two officials, (OPTIONAL wearing latex gloves).	M	Final inspection just prior to event by field officials	L	Venue/officials

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TECHNICAL REQUIREMENTS : Shot	Athletes and officials – injury from flying equipment	Competitors can use their own equipment. Do not share equipment unless agreed by officials in charge of events. Ancillary equipment eg rakes, brushes, tapes restrict the use to one/two officials, (OPTIONAL wearing latex gloves).	M	Final inspection just prior to event by field officials	L	Venue/officials
TECHNICAL REQUIREMENTS : Javelin	Athletes and officials – injury from flying equipment	Competitors can use their own equipment. Do not share equipment unless agreed by officials in charge of events. Ancillary equipment eg flags, horn, tapes restrict the use to one/two officials, (OPTIONAL wearing latex gloves).	M	Final inspection just prior to event by field officials	L	Venue/officials
COMPETITORS Registration / Competition Entry. Payments Instrument Check In	Competitors / Officials All competitors Tech room/Equipment store at end of Stadium	<ul style="list-style-type: none"> No on the day entry or payments. All details provided pre- event. Athletic registration and collect race numbers, on the day of competition, from the Walkway balcony in front of the Clubroom. One-Way access system to be used Equipment check In and collection after event only from the Technical /equipment room /Equipment store. Will be carried out under Covid -19 and EA rules and social distancing	L	Events Manager (EM) decision is final. Covid-19 rules to apply. Do not share implements.	L	Sent to competitors pre-event.

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COMPETITORS Timetabling	Competitors / Officials	<ul style="list-style-type: none"> • Full timetable of events to be distributed prior to race day • Competitors to follow timed entry to the track grounds requirements (60 minutes before timetabled start of their event). • Limited warm up areas (car park field) on site. 	L	Listen to announcements	L	All
COMPETITORS Seeding/Lane Draw	Competitors	Lane draw and seeding will be allocated by organiser and confirmed on the day. Once entries close pre-event advised of entry numbers.	L	Covid-19 rules to apply.	L	Sent to competitors' pre-event.
COMPETITORS EVENT ATTENDANCE Warm up & warm down	Competitors	<ul style="list-style-type: none"> • All have been instructed not to warm up on the track, that there is a field behind the track and to warm down elsewhere, remain safe distance from each other. • Competitors advised to arrive in race kit & spikes (no changing facilities available). • Only arrive at track event start location when announced or 15 mins before race. Field events competitors to arrive when announced or 30 minutes before the start of their event for practice. 	L	<p>Competitors own responsibility to be at start of their event in good time.</p> <p>Covid-19 rules to apply.</p>	L	Sent to competitors' pre-event.

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COMPETITORS Awards & Presentations	Competitors and officials	Covid-19 rules to apply. Presentations will be out of doors, in the open air, on inner track.	L	Athletes to pick up own medals/awards.	L	Officials
Food and Drink	ALL, Competitors, officials and the public.	<ul style="list-style-type: none"> Limited snacks and drink will be available on site from the hatch on the stadium balcony All are still advised to bring your own – especially drink.	L	Eat outdoors. Clubroom is NOT available to use.	L	All
Waste disposal	ALL	Everyone is requested to take all rubbish home post-race.	L	Announcements.	L	All
Emergency procedures and evacuations	ALL	Listen to announcements	L	Follow instructions given to safe assembly points.	L	All
Welfare and Safeguarding of all athletes	ALL (everyone attending this event).	The covid coordinator is on site. Only registered athletes are allowed track side when their event is called.	L		L	All
Field of Play – Athletes / Officials	Competitors / Officials / Volunteers / staff	<ul style="list-style-type: none"> EA current guidance. Finish area cleared prior to next start. Holding areas, for heats, as directed by the officials. Warm down in separate area away from track.	L	Field of Play area to be under control of officials.	L	officials

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Field of Play – Spectators and Athletes not competing in a current event.	Spectators, coaches, non-competing athletes	<ul style="list-style-type: none"> Zones allocated for spectators. The stadium open air seating, the grassy area on the start bend and beyond the site fencing elsewhere. Maintain social distancing. No access to the competition areas allowed. 	L	Information will be sent prior to event	L	All
OFFICIALS Announcer	ALL,	<ul style="list-style-type: none"> In the announcer's box – only three allowed + photo finish staff. If athletes aren't at start, they miss their race – no calling or chasing will be done. <p>Announcers will call what races/events are scheduled next.</p>	L	General and frequent announcements to maintain social distancing, and collect, bag and take home your own litter. Sanitisers to be provided if announcers handle any paperwork.	L	Announcers
Results	ALL, Competitors / Officials	<ul style="list-style-type: none"> On the day results will be announced – and all will be available online post event – Power of 10. 	L	No paper copies of results will be posted available on the day.	L	officials
OFFICIALS: Timekeepers/ other officials	Competitors / Officials	<ul style="list-style-type: none"> Timekeepers, sit in your usual stand position. <p>Clubroom is not available for officials.</p>	L	Electronic timing used at this event for track races. Latex gloves to be available for all officials. Sanitiser sprays also be provided at every event.	L	officials

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Photo Finish	Usual position. Technical staff in Official's box overlooking finish.	Open sided tent on trackside if required.	L	If possible live stream track results.	L	officials
Officials briefing	Officials, signing in and briefing. Lead officials to be provided with sanitizing gel, gloves and clothes for wiping equipment.	<ul style="list-style-type: none"> All relevant information to be sent prior to event. Personal belongings to be kept on person or left in car. 	L	Officials' briefings are to be in the open air where weather conditions permit. Covid-19 procedures compliant.	L	officials
Weather.	ALL	<ul style="list-style-type: none"> Weather forecasts will be checked in week prior to event. No cover provided on site Would only be cancelled if centre closed because of weather / flooding / fire etc. 	L	Check website prior to the event.	L	All